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## Bed Bug Prevention Tips

### In a Hotel/Motel:

1. Before you bring your luggage in:
  - a. Check mattress seams & boxsprings for evidence.
  - b. Remove head board from the wall & inspect the back of it.
  - c. Inspect luggage stands.
  - d. If evidence is found, report it to the management & ask for a different room.
2. Place your luggage on the stand and away from the wall or in the bathtub.
3. Keep clothing in your bag, do not place anything in the drawers, avoid hanging clothing up.
4. Place shoes & clothes in an open area; not under the bed, in the closet, or against the wall.

### When you return home:

1. Unpack your luggage immediately, not in the bed room.
2. Launder all clothing, dry on high heat.
3. Inspect your luggage for bed bugs.

### Other Tips:

1. Don't buy used furniture, especially beds. Used furniture is one of the most common ways we see bed bug infestations start.
2. Carefully inspect furniture you may be storing for others, including your kids who are home from college.
3. Carefully inspect anything else you purchase used.
4. Be conscious of what visitors bring into your home. Likewise, be conscious of what you bring when visiting others.
5. When using public laundry mats, avoid setting clean clothes & laundry baskets close to trash cans and where others set their clothes.
6. Do not transport laundry in cloth bags, use white plastic baskets or white garbage bags.