



1430 150th Street
Creston, IA 50801
(641) 782-4540 or (888) 782-4543
gvpc@iowatelecom.net
www.greenvalleypest.net

to print this **Preparation Checklist**, go to: [greenvalleypest.net/pest control/bed bug](http://greenvalleypest.net/pest%20control/bed%20bug)

Bed Bug Preparation Checklist - HEAT Treatment - A

Preparation:

- [] 1. Discard cardboard trash, boxes, shoeboxes, paper and plastic bags, old newspapers, stacks of magazines, and similar items in all potentially infested rooms.
- [] 2. Strip beds and pile bedding on the floor.
- [] 3. Move all furniture and stored items 12 inches away from the wall. Beds do not need to be moved.
- [] 4. Electronic equipment such as TVs, DVD players, computers, and printers should NOT be removed so they can be treated. Heat will not affect these items.
- [] 5. DVD's and books on shelves should be left in place. Stored items should be left in their tote or box and inform the technician of its location.
- [] 6. Clothing and other items should be left in their normal place to be treated. Clothing on hangers should be left on hangers for treatment. If you want to remove clothing, it must be dried on high heat for 30 minutes and IMMEDIATELY removed.
- [] 7. Closets with tight-fitting doors may be fumigated instead of heated. Boxes and stored items in these closets should be left in place. The technician will make this determination.
- [] 9. Turn the heat up in the treated area so the temperature is between 80 and 85 degrees when we arrive.
- [] 10. Prior to treatment collect a set of clothes for each person in the household. Dry this clothing on high heat for 30 minutes, place in a plastic bag, and seal the opening.
- [] 11. On the morning of the treatment take off your clothes, including undergarments, put on the dried clothes from item #9, and walk out the door without touching anything.
- [] 12. All people and pets should plan to be out of the treated area during the treatment process which is typically 6 to 10 hours.

13. Remove all heat sensitive items from the treatment area. Wash or wipe with a damp cloth BEFORE these items are brought back in to remove any bed bugs or eggs. A partial list of common items includes:

- a. Live plants
- b. Wax, candles, soap
- c. Chocolate
- d. Adhesives
- e. Aquariums, fish, & pets
- f. Aerosol cans & pressurized cylinders
- g. Paints, solvents, and flammable liquids
- h. Creams, lotions, & cosmetics
- i. Wine & other alcohols
- j. Sensitive electronics such as CPAP/medical devices (most are rated to 150 degrees)
- k. Oil paintings
- l. One-of-a-kind items, heirlooms, and “priceless” items.
- m. Medications
- n. Silk clothing
- o. Perishable items, fruit, vegetables
- p. Cologne & perfume
- q. Decorative olive oil glasses
- r. Lay vinyl & plastic window blinds on the floor. (Metal blinds are OK to leave)
- s. Ammunition. (Firearms are OK to leave)
- t. Any items that are illegal or you don't want us to see. (Our technician will be moving everything in your drawers and closets in order to allow proper heat penetration.)

14. After treatment:

- a. Our technician will need to move everything, including items from your drawers, closets, and storage, in order to allow proper heat penetration. Your rooms will be messy when you return.
- b. For closets being fumigated: bed bugs and eggs should be dead in 2 - 3 days. The product will continue working for up to 4 months. You may remove an item from the closet if needed. Be sure to promptly close the door when done. Inspect the item and return it to the closet if bed bugs are found.
- c. We will return the next day to perform a partial insecticide treatment. All occupants should be out of the house during the treatment and for 2 hours afterwards.
- d. DON'T wipe insecticide residue from baseboards, door trim, and window trim for 3 months.